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## HOW DO YOU KNOW IF YOUR WANT HAS BECOME YOUR DESIRE?

### According to

[www.merriam-webster.com/dictionary/DESIRE](http://www.merriam-webster.com/dictionary/DESIRE) the definition of Desire is: **“to long or hope for: exhibit or feel desire for”.**

To desire something becomes a stronger feeling in your central nervous system than just to want something which may be a mere hope or wish. Stronger feelings can help trigger action-eering because your desire can move you in the direction of your dreams and goals. 10 steps to knowing if your want has now become a desire below...

# ★ DESIRE ★

### The Physical Results You Desire Begin To Manifest Themselves

Most are looking for the Big Change when really we should be aware of the smallest signs of attraction to us which should encourage us that we are on right path. Small opportunities may well be the seeds of those big changes. You may begin to notice them, if you begin to look for them. Usually they are all around us but we can get so caught up in the daily grind that we forget to see just how far we have come over time. Think back 10 years ago – where were you? What were you

doing? Did you have to go through many challenges and learnings to be who you are today? Most would agree that over the last 10 years they have grown a lot in awareness.

### You See The World Through The Prism Of Your Desire

You begin to see opportunities everywhere! Ever noticed on a billboard something that is in harmony with your goal? Maybe you desire a holiday and everywhere you go there seems to be advertisements about holidays! On the television, the radio or out walking. Or perhaps a certain car you desire and suddenly you become aware of lots of them on the roads in the colour you desire too! Maybe you desire to meet a new person into your life and suddenly when you begin to look around you, you begin to see people you are attracted to that you never saw before because you were not actively looking.

### You Are Not Affected By Outside Circumstances

Things that used to upset you – no longer affect you. They have no impact on your life because you become aware that in the grand scheme of things they really are not worth expending energy on. You find it's much wiser to use that energy on creating rather than getting caught up.

### You Attract Like-Minded People

Sometimes you may find that the people around you now are just not in harmony with you any more. You may find that your new way of thinking feels like you are growing apart – going on a different path or journey and become really aware of that difference. Hence you may begin to attract new friends who are in alignment with your new way of thinking and attract to yourself likeminded people who support your new views and values.

### You Are Awakened And Your View Of The World Changes

Wayne Dyer one time said “When you change the way you look at things the things you begin to look at change!” Some jokes that some may say may not seem so funny anymore, especially where they are perhaps making fun

of people less fortunate or who have been going through a bad time in the press etc. Things on the news may take a different importance. They may be less important or more important to now that you have raised your level of awareness.

### Your Intuitive Factor Grows

Part of you that gets hunches and ideas or what is termed as your ‘6<sup>th</sup> sense’ ability begins to be heightened. Some say they hear the voice of god or their inner voice moves from a whisper to move you in a different direction and gets louder as you take action on these ideas and hunches. Acting on your ‘gut instinct’ has proved for many to be a successful way of moving forward to what it is they are desiring to achieve and the more they heed the inner voice, the more their intuition faculty grows.

### You Easily Give Up Things That Are Not In Harmony With Your Purpose

Soap opera omnibuses or re-runs of your favourite TV shows (ie. something you have already watched) perhaps go on the back burner where you utilise that time more effectively. It becomes very easy for you to make decisions if out of harmony with your purpose. Eg. Is by taking that action bringing me closer or further away from my goals? You can become more efficient with your time, for example, getting into the gym may be easier maybe because your strong desire to improve your health outweighs sitting at home just thinking about it. It becomes a natural occurrence of wanting to get out and exercise more and the choosing of the right foods without a feeling of sacrifice. These are purely examples. When you have a strong enough and desirous **why** you must change and why you must change today, the actioneering becomes easy. It only feels difficult for most if they have not made a

clear cut decision to do all they can towards making their goals happen - and uncovering their **Why Factor!**

### Your Wants Change

For most people – as wants turn to desire – they are able to build a bigger picture – their wants change for the better – begin to believe in themselves and their ability to achieve what it is that they want. They understand that small steps over a sustained period of time can have far reaching results into the future when getting clear today.

### You Gain Emotional Control

This is twofold. **i)** You don't get angry or upset anymore because you gain emotional control **ii)** you are able to express emotion in a calm manner (responding rather than reacting) and it becomes easier to tell people we care and love them – life begins to feel more alive with a new meaning for us.

### You Move From A Competitive To A Creative Mindset

Powerful financially for most eg. not having to worry about getting your ‘piece of the pie’. You begin to realise that there is enough for everyone. Cross-pollination of ideas and attracting the right people to move forward with becomes easier when you do not feel you have to keep your ideas ‘secret’ for fear of someone stealing them.\*\*\*

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